



Luna and Louis Glazzard

Luna and Louis share a love of the tarot cards as a way to raise questions of how you view yourself and your life. The pair worked on the images of traditional tarot with more personal aspects of Luna's past. The cards support people to look at past, present and future as non-linear in terms of recovery or changes in wellbeing and rather a flow where even in difficult times we can look to see that these feelings are temporary and we can and will feel better again.

Luna says: "I wanted my work to give a message of hope, the idea that things pass. The quote 'life can be a circle' felt poignant as it suggests that after difficult times things can be better again. Trust in the journey. During this process I've learnt a lot about art and creativity! I've learnt different methods of creating things, and different ideas to get your work seen. It's been a great process to work with an artist.

"Art is an amazing way of expressing things that words can't always capture. There are feelings in imagery, colours and layouts. It's also quite cathartic to get things down on paper. I think it's good in this day and age as well to do something creative and manual in place of just scrolling meaninglessly through social media which is how I tend to spend my free time, whereas this felt productive and meaningful!

“Sometimes, as young people, it feels like we’re belittled or spoken down to for being young, as if we don’t understand the world around us. This isn’t the case; if we’re the ones who are going to live through the consequences of whatever decisions are made, surely it’s only sensible we have a voice throughout.”