

Online Summer Programme

42nd Street & The Horsfall 2020 Summer Programme

Workshops and activities available to all 42nd Street Young People over the summer holidays alongside our usual group work which will continue to run as normal. Our aim is to provide supportive, interesting and interactive activities for young people over the summer holidays.

Contact your worker / book here: onlinesupport.42ndstreet.org.uk/what-is-on-workshops

42ND
STREET

THE HORSFALL



Manchester
Metropolitan
University



Online Summer Programme

Drawing Skills

Wednesday 22nd & Thursday 23rd July, 1-2pm

The workshop is drawing characters: - Creating/drawing a character to learn about the measurements of the Human Form. No experience required.

- Know about body language [counter balance] and how body language can help express emotions to describe a character's personality
- Know about colours that describe a character's personality
- Drawing facial expressions

Contact your worker or book online here:

onlinesupport.42ndstreet.org.uk/what-is-on-workshops

**42ND
STREET**

Online Summer Programme



Zine Making

Thursday 23rd July, 11-12.15pm

Beginner level zine making workshop where participants will make their own beak zine. All you'll need is paper (A3 or A4, depending on whether you want to make an A5 or A6 sized zine), pens/ pencils etc, collage materials, some scissors and a bone folder if you have one, or a butter knife if you don't. No experience required.

Contact your worker or book online here:
onlinesupport.42ndstreet.org.uk/what-is-on-workshops

42ND
STREET



Online Summer Programme

Click & Connect

Every Friday in July and August, 1-2pm

Weekly fun interactive online session – connection, creativity and games.

No experience required.

Contact your worker or book online here:

onlinesupport.42ndstreet.org.uk/what-is-on-workshops

42 ND
STREET

Online Summer Programme

Poetry

Poetry

Thursday 30th July, 1-2pm

Poetry session with our resident poet Shannon Westcott. Introduction to poetry as way of supporting wellbeing. No experience required.

Contact your worker or book online here:
onlinesupport.42ndstreet.org.uk/what-is-on-workshops

42ND
STREET



Online Summer Programme

Art Session; Another World

Wednesday 5th August, 1-2.30pm

If another world is possible, what will it look like? Inspired by the #nogoingbacksundays protests. We will be looking at surrealists interpretation of the world and the possibilities it holds. Focusing on artists whose work deals with utopias, as well as abstract and surrealist artists in order to help inspire young people to create their idea of a future world.

No experience required.

Contact your worker or book online here:

onlinesupport.42ndstreet.org.uk/what-is-on-workshops

42 ND
STREET

Online Summer Programme



Art of Typography

Thursday 6th August, 1-2pm

Redefining Mental Health – Typography Experience Learn about the basics of typography design while reflecting on mental health to help erase the stigma and raise awareness. No experience required.

Contact your worker or book online here:
onlinesupport.42ndstreet.org.uk/what-is-on-workshops

42ND
STREET



Online Summer Programme

Movement

Every Thursday in July and August, 12:30 – 2pm

Movement and dance workshop with Kevin from Company Chameleon for 42nd Street young people and staff. No experience required.

Contact your worker or book online here:

onlinesupport.42ndstreet.org.uk/what-is-on-workshops

42ND
STREET



Online Summer Programme

Normalising Anxiety

Thursday 6th August, 1-12.30pm (under 18's) and 5-6:30pm (over 18's)

What lies ahead? As we move towards what we are now calling the new normal, it can be challenging to think about our next steps towards returning to our social lives, school, college, university or work. Come along to our interactive online workshop where you will have a chance to learn about your anxious thoughts and feelings, how you can manage them better and ask questions to our cognitive behavioural therapy team. Workshops will be split into groups for ages 13-18 and ages 18-26, so we can best support you depending on what lies ahead for you.

**42ND
STREET**

Online Summer Programme



Art Session; Home

Wednesday 12th August, 1-2.30pm

Love where you live... What home means, the beauty in familiarity, looking at artists who focus on their roots and surroundings. No experience required.

Contact your worker or book online here:

onlinesupport.42ndstreet.org.uk/what-is-on-workshops

42 ND
STREET



Online Summer Programme

Writing for Wellbeing

Thursday 13th, 20th and 27th August, 10-11.30am

Journaling, free writing and creative writing exercises. You don't need to attend all sessions but each will have different content for those who would like to.

No experience required.

Contact your worker or book online here:

onlinesupport.42ndstreet.org.uk/what-is-on-workshops

42 ND
STREET



Online Summer Programme

Creative Session

Thursday 13th August, 1– 2pm

Digital workshop utilising templates as a canvas to express one's self. Using pre-existing templates is often a more comfortable way of encouraging young people who are relatively new to expressing their feelings and thoughts creatively. This template may be a pre-designed poster/illustration which people can then add their own visuals to and create art in any way they wish. No experience required.

Contact your worker or book online here:

onlinesupport.42ndstreet.org.uk/what-is-on-workshops

42 ND
STREET



Online Summer Programme

Art Session; Nature

Wednesday 19th August, 1-2.30pm

The great outdoors. Looking at art within nature, landscapes, patterns, botanical drawings etc. No experience required.

Contact your worker or book online here:
onlinesupport.42ndstreet.org.uk/what-is-on-workshops

42ND
STREET

A hand holding a blue marker is positioned over a clear glass jar filled with various colored markers. The background is a white surface with a repeating geometric pattern of concentric circles and lines. The text 'Online Summer Programme' is overlaid on a dark, brush-stroke-like banner at the top right.

Online Summer Programme

Live The Buzz

Thursday 20th August, 1-2pm and Thursday 27th August 1-2.30pm

Live The Buzz workshops aim to engage creatively and mindfully, building tools to access flow state.

- Session 1: Utilising Acrylic paint for exploration of self and focus on identity. Using ripped tape as a stencil, we're creating our own individual thumbprints! Expressing self in the here and now, using art as an additional form of non-verbal communication.

- Session 2: Using leaves, collected from a mindfulness walk between sessions, they will be used as stamps which will leave a print to create a "Me tree" exploring our core values.

Contact your worker or book online here:

onlinesupport.42ndstreet.org.uk/what-is-on-workshops

42 ND
STREET



Online Summer Programme

Normalising Low Mood

Thursday 20th August, 1-2.30pm (under 18's) and 5-6:30pm (over 18's)

Feeling low after lockdown? As lockdown is lifted and we are being encouraged to rebuild our lives, it may be difficult to find the motivation, desire and strength to face what can seem like a new and uncertain world. Come along to our interactive online workshop where you will have a chance to better understand this shared experience and learn ways in which you can start to make manageable steps towards rebuilding your life, with the resilience you feel you may have lost in lockdown. Our cognitive behavioural therapy team will be running workshops for ages 13-18 and ages 18-25, so we can support you to lift your low mood, depending on the challenges you feel you are facing.

**42ND
STREET**

Online Summer Programme



Photography Walk

Friday 21st August, 12-2pm

Meet outside the Horsfall Gallery for socially distanced photography walk around Ancoats. A great way to spend time with a supportive small group for a 2-hour exploration of the area. No experience necessary. Bring appropriate clothing and any form of camera / camera phone. Money provided for drinks and a snack. If you would like funds for transport please let us know.

Booking through email to rod.kippen@42ndstreet.org.uk

42 ND
STREET



Online Summer Programme

Art Session; Celebrate

Wednesday 26th August, 1– 2pm

Celebrate... Exploring excitement and celebration in art. Looking at how artists convey mood and feeling in different ways and depictions of celebrations etc. No experience required.

Contact your worker or book online here:
onlinesupport.42ndstreet.org.uk/what-is-on-workshops

42ND
STREET



Online Summer Programme

Q42 Virtual Pride

We might not be able to attend Manchester pride this year but that doesn't mean we can't still celebrate! Join us for a celebration of Q42 and LGBTQ+ young people including... Campaigning, quiz, games, music, films and more! All young people are welcome.

42 ND
STREET

